

BE STILL Themes



MEDITATING WITH THE SENSES

MEDITATING WITH THE BIBLE

THE SENSES	Themes	Liturgical Year
Meditating with Pictures	Creation, beauty, gift of sight	-
Meditating with Stones	Creation, beauty, gift of touch	-
Meditating with Feathers	Creation, beauty, design, touch	-
Meditating with Sound	Gift of hearing, Rhythm	-
Meditating with Fruit	Gift of taste, Creation, beauty, symmetry	Harvest

THE BIBLE	Themes	Liturgical Year
Old Testament		
Meditating with Genesis 1:1-13	Creation, Beauty, Goodness, Promise, Blessing, Stewardship, Differences, Special Places	Harvest
Meditating with Deuteronomy 32 :1-12	God's love, God's promise, Journeying in the wilderness, Images of God	Lent
Meditating with Ezekiel 34:11-16	God's love, God's care, God's promise, Images of God, Good Shepherd	4th Sunday of Eastertide Good Shepherd Sunday
Meditating with Isaiah 43:1	Myself, Beginnings, Babies, God's love	-
Meditating with Psalm 138/9	Myself, Beginnings, Babies, Difference	-
Meditating with Psalm 135	Myself, Neighbours, Special Places, Thanksgiving, God's love, God's promise	-
New Testament		
Meditating with 1 Corinthians 13:1-8	Love, Community, Homes and Families	-
Meditating with Philippians 2:5-11	Self-Giving, Love, Learning from Jesus, Trust in God	Lent, Holy Week
Meditating with the Benedictus Luke 1:67-79	Visitors, Light, Darkness, Signs and Symbols	Advent
Meditating with the Our Father Luke 14:18	Prayer, God's power, Babies, Forgiveness, Thanksgiving, Special People	-
Meditating with on Bread of Life John 6:35	Eucharist, Meals	Corpus Christi